

Daily Activity Guide

21 Day Journey to Seeing Yourself As God Sees You



Day 2: A Word About Misperceptions

Listen to the audio recordings on the web portal about misperceptions.

EXERCISE:

- Identify three things you had a misperception about as a result of your lenses being distorted by your wants, needs, prejudices, experiences (including education), and memories.

- Think about how your brain has been hijacked to make you think negatively about yourself.

- Make a note of any key insights.

Prayer for Today: Show us where we have misperceptions about people, places, and things (including us) and help us see Your truth.

Day 3: Seeing Yourself as God Sees You

Listen to the audio recording on the web portal about misperceptions.

EXERCISE:

Take some time to reflect on today's topic and make a note of key insights. Practice the Bible study tips listed below and listen for God's personal message for you.

- Read the mentioned verses in your own dictionary
- Read what your study Bible says about them
- Pray for understanding and revelation
- Write key insights in your journal
- Study where it's comfortable

Prayer for Today: Give us the ability to see ourselves clearly through the reading of Your Word.

Day 5: Read Suggested Scripture

Read **1 John 4:9-10** and **2 Corinthians 5:17**

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Remove those obstacles that interfere with our ability to stand confidently as Your daughters.

Day 7: Read Suggested Scripture

Read 2 Corinthians 12:9–10

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Remind us that feelings are not facts and that Your Truth about who we are in You reigns supreme.

Day 9: Read Suggested Scripture

Read **Deuteronomy 26:18** and **Deuteronomy 31:6**

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Shower us with favor, not because we deserve it, or have earned it, but because You love us and we need it.

Day 12: Training the Mind Because We Are What We Think

Listen to the audio recording on the web portal about misperceptions.

EXERCISE:

- What epiphanies or key insights did you have from this topic?

- What do the scriptures tell us about how we need to train our mind to think more positively about ourselves?

- How can we get in the habit of setting our minds on heavenly things, and not on earthly things?

Prayer for Today: Help us control our thoughts and align our thinking to Your thinking.

Day 13: Read Suggested Scripture

Read **Genesis 1:26** and **Isaiah 64:8**

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

**Prayer for Today: Forgive us, Lord, as You promise to have done,
and help us grow increasingly like You.**

Day 14: Read Suggested Scripture

Read Hosea 2:16-20

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Help us embrace our assets and flaws, recognizing that we have been perfectly created.

Day 17: Read Suggested Scripture

Read **John 1:16** and **Luke 12:6-7**

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Help us see our value and worth, Father God.

Day 19: Read Suggested Scripture

Read Psalm 139:10–16

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Show us how perfectly and wonderfully made we are.

Day 20: Read Suggested Scripture

Read Romans 8:15-17 and 8:35-39

- Read what your study bibles say about these verses and any referenced verses.
- Use a dictionary to look up key words in both verses for the purpose of gaining greater clarity about what they say.
- Meditate on these key words and write down key insights – what personal message does God have for you within these words?

Prayer for Today: Show us, Father, just how loved we are.

Day 21: Training the Mind Against the Enemy

Listen to the audio recording on the web portal about misperceptions.

EXERCISE:

- What epiphanies or key insights did anyone have from tonight's topic and scripture?

- What does this tell us about how we can train our mind to resist the thief or the enemy and secure our positive thinking?

- In what ways have you personally experienced victories in this area, either big or small?

Congratulations! You just completed 21 days in your effort to build the habit of aligning your thoughts about yourself with what God’s Word says about you. How did you do?

Prayer for Today: Help us stay our mind on all things righteous and stand strong against the enemy by praising You, Oh Lord.